# 2022 ANZAC Spirit School Prize

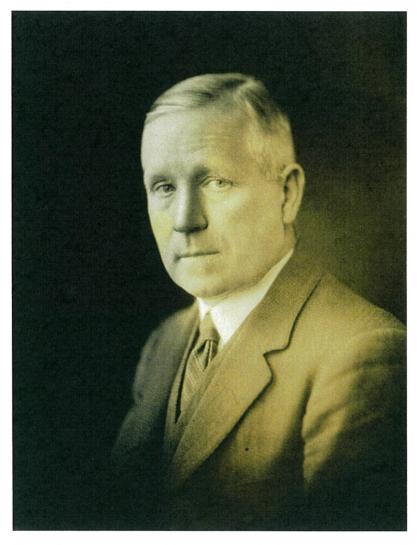


Figure 1: Sir Henry Simpson Newland kt., CBE, DSO, MS, FRCS.

# Lieutenant Colonel Henry Simpson Newland

Emma Choi – Year 9 Loreto College Marryatville

# Part A (1499 words)

"And with Australia's flag shall fly / A spray of wattle-bough / To symbolise our unity — / We're all Australians now."  $^{1}$ 

This stanza from the nationally acclaimed poem *We're All Australians Now*, by the iconic Australian figure Banjo Paterson, shortly summarises the pride felt in Australia's collective growth as a new nation, during and in the aftermath of the 'Great War' and the ANZAC forces. In terms of South Australia, there are few more deserving of recognition for their contributions to the state's founding and establishment, as well as Australia's service in the First World War, as Lieutenant Colonel Henry Simpson Newland.

The entire Newland family's association with South Australia is extensive and significant, and first began with Reverend Ridgway William Newland, and his second wife and eight children's arrival in the state on 7 June 1839, on the ship *Sir Charles Forbes* which was bound for Port Adelaide from Liverpool, England (Figure 2). Subsequent to arrival, they travelled swiftly to Encounter Bay, where Reverend Newland gained substantial authority as an ordained cleric, farmer, and district councillor.<sup>2</sup>

SIR CHARLES FORBES (originally Cha	irles Forbes) 1839
from Liverpool with Captain C Laing arrived Port Adelaide on June 7th 1839	MYLES, Samuel J Dr., and 2nd wife Eliza nee HEGAN,
	MYLES, Sophia M (child of 1st wife),
ADAMS John	MYLES, Charles Hegan (child of 2nd wife)
ALLAN / ALLEN, John	MYLES, Maria Anne (child of 2nd wife),
ATKINSON Thomas	MYLES Hannah
BLAKELEY / (BLAKEBY) Emma	MYLES Jane
BLAKELEY / (BLAKEBY) Sarah Ann	MYLES John Burgess
BOWSE John and wife and 2 children	MYLES Samuel
CHRISTIE, Alexander and wife Anninee DOWIE	NEWLAND, Rev. Ridgway William, 2nd wife Martha nee KEELING,
CHRISTIE, Maxwell and wife Ann nee GILCHRIST	NEWLAND Ridgeway William (her mother Mrs Keeling also on voyage)
CLARK William Henry	NEWLAND Watts
COMER Robert and wife and 1 child	NEWLAND, Catherine Humphries,
COYNE John and wife	NEWLAND, Martha,
CREERY / CREESY John	NEWLAND, Sarah
DAVIDSON, Alexander and wife	NEWLAND, Simpson,
DODD, Ellen and child George	NEWLAND, Sophia,
DRUMMOND, Ralph and wife Elizabeth nee MURRAY,	NEWLAND, William,

Figure 2: Part of the passenger list for the Sir Charles Forbes, including the names of Ridgway William Newland, his second wife and her mother, and his eight children.

One of Ridgway William Newland's sons, Simpson Newland, returned to reside permanently in Adelaide, becoming an esteemed pastoralist, public figure, and author, holding a seat in South Australian parliament for a period of six years. With his wife Ann Jane Isabella Newland (née Layton), Simpson Newland's eldest son, Henry Simpson Newland, was born in the suburb of Kensington, Adelaide, on 24 November 1873.<sup>3</sup>

Throughout Henry Simpson Newland's early years, the family resided at Marra Station on the Darling River, New South Wales. In 1876, however, at approximately the age of three, Newland moved back

<sup>&</sup>lt;sup>1</sup> Paterson, B

<sup>&</sup>lt;sup>2</sup> Newland Family PRG 288 Series List

<sup>&</sup>lt;sup>3</sup> Ibid Newland Family PRG 288 Series List

<sup>&</sup>lt;sup>4</sup> Forbes, I

to his birth city; timely to soon begin his education. Newland attended the Collegiate School of St Peter, where he completed both his primary and senior schooling. Fittingly, in 1910, at thirty-seven, Newland married Ellen Mary Lindon, who was the daughter of his St Peter's classics master. <sup>5 6</sup>

Newland, subsequent to his high school graduation, proceeded with tertiary studies in medicine at the University of Adelaide. He concluded his undergraduate degree in 1896, sharing a first place ranking among his course classmates. Evidently, he excelled academically, and his scholarly prowess was further demonstrated by him commencing postgraduate studies at London Hospital from 1898 to 1902. During this time, Newland "observed paediatric surgery at Great Ormond Street, and was

senior house surgeon for six months at the Poplar Hospital for Accidents". In 1901, he became a registrar, specialising in the field of surgery, and the following year, was presented the University of Adelaide's first master of surgery degree. <sup>7</sup>

Newland had clearly built a successful and lucrative medicinal career prior to his World War I enlistment. This, in itself, demonstrates the characteristic of sacrifice, in that he valued service to his country despite an already existing secure life.

On 25 October 1914, at forty years of age, Newland completed an application for a commission in the 1<sup>st</sup> Australian Stationary Hospital. In this document, he supplied personal details such as his postal address at Strangways Terrace, North Adelaide, and stated his next of kin, who was his wife. (Figure 3).

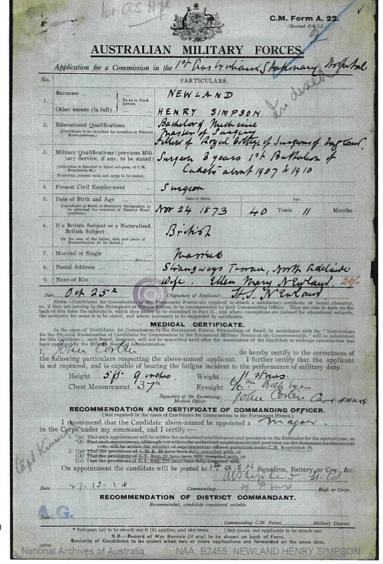


Figure 3: Henry Simpson Newland's Application for a Commission in the 1st Stationary Hospital.

<sup>&</sup>lt;sup>5</sup> Hicks, N & Leopold, E

<sup>&</sup>lt;sup>6</sup> Summers, A

<sup>&</sup>lt;sup>7</sup> The University of Adelaide

Name Surname Munit for Surname Munit Surname	benry dimpson		
	Unit in fall Christian Name Henry Dimpson Unit Medical Office: WARRE		
Questions to se put to the 1 si	son Enlisting before Attestation.		
1. What is your Name! PAY a Go No.	1.		
PAY III	2. In the Parish ofin		
2. In or near what Parish or Town were you been?	near the Town of		
	in the County of		
<ol> <li>Are you a natural born British Subject or a Naturalized British Subject! (N.H.—If the latter, papers to be shown.)</li> </ol>	5,		
4. What is your Age!			
5. What is your Trade or Calling!	<b>K</b>		
6. Are you, or have you been, an Apprentice! If so, where, to whom, and for what period!	6.		
7. Are you married t	7		
	( &		
p. Who is your next of kin t (Address and relationship to be stated)			
	15.50		
	9		
9. What is your permanent address in Australia 1			
10. Do you now belong to, or have you ever moved in His			
10. De you now belong to, or have you ever served in, His Majouty's Army, the Marines, the Militia, the Militia Bessers, the Territorial Force, Noyal Navy, or Colonial Forces I'll so, state which, and if not now serving, date easies of discharge.	10		
Forces I If so, state which, and if not now serving, state cause of discharge			
11. Have you stated the whole, if any, of your previous service?	11.		
12. Have you ever been rejected as unfit for His Majesty's Bervice? If so, on what grounds?	14.		
13. (For married men, wideover with children, and soldiers who are the note support of valueed mobilety— To you unhermall that we superside soldiers will be inseed in respect of your service beyond an amount which together with pay would each upflet shilling we day?	18		
<ol> <li>Are you prepared to undergo inoculation against small pox and enteric fever!</li> </ol>	) 16		
3, by me to the above questions are true, and I am willing and Commonwealth of Australia within or beyond the limits of the	do sciently decisive that the above answers in the Military Forces of		
And I further acree to allot not less than two-fifths	be Commonwealth.  of the pay payable to use from time to time during my so		
for the support of my wife "   three-fifth wife and children.			
Date	Signature of person enlist		

Figure 4: Henry Simpson Newland's Attestation Paper for enlistment in the AIF.

No. 1 Aust. Stationary Hospital.

O.C. Lt.-Col. H. W. Bryant

Maj. H. A. Powell

Maj. A. Watson

Maj. T. G. Wilson

Maj. H. S. Newland

Capt. F. N. Le Messurier

Capt. 1. 14. Le messui

Capt. J. S. Verco

Capt. J. Corbin

Q.M. Capt. R. A. Lowry

Figure 5: A list of the No. 1 Australian Stationary Hospital medical officers by A.G. Butler. Newland enlisted in the Australian Imperial Force (AIF), of which the 1<sup>st</sup> Australian Stationary Hospital (No. 1 A.S.H.) was a medical corps, on 14 November 1914. He completed the obligatory AIF enlistment form, termed the 'Attestation Paper', commissioning as a temporary major (Figure 4). He was evidently approved and deemed medically fit, as Newland's name was included in a list of the medical officers in the No. 1 A.S.H., recorded in the Appendices section of the book *Volume I – Gallipoli, Palestine and New Guinea* by Australian military historian A.G. Butler (Figure 5).<sup>8</sup>

In an early letter to his father, sent from Melbourne and dated 4 December 1914, Newland expressed his vexation about the wait to embark overseas, demonstrating the characteristic of courage and bravery, as well as his feelings that he;

"...was reduced to being a cog in a machine with the consequent loss of the right to independent action." <sup>9</sup>

Very soon afterward, however, the No. 1 A.S.H., and their fellow units, boarded the vessel *Kyarra*, bound for Egypt. The ship, formerly a coastal steamer, was small in size, and thus, the Australian Army Medical Corps were uncomfortably crowded for space. They sailed from Melbourne into what Newland described as "the teeth of a frightful gale", and due to the weather, most fell "terribly ill". The fact that he withstood these poor conditions displays his perseverance. <sup>10</sup>

<sup>&</sup>lt;sup>8</sup> Australian War Memorial

<sup>9</sup> Hughes, J

<sup>10</sup> Ibid Hughes, J

In late January of 1915, the *Kyarra* arrived in the port city of Alexandria, Egypt, and the No. 1 A.S.H. were located at the Maadi camp, in the Cairo suburb. Newland assisted with casualties when deployed to Ismailia, for the Turkish attack on the Suez Canal.<sup>11</sup>

The No. 1 A.S.H. set out for the Greek island of Lemnos in March 1915, in order to support the Gallipoli campaign, and gathered at the main port, Mudros Harbour, which became the focal point for majority of their activities. For example, they established a successful hospital, "capable of taking four hundred patients", with utilities such as "a small bacteriological laboratory and ... an X-ray plant". 12 13

During this time, Henry Simpson Newland effectively exhibited the characteristic of mateship. As stated by Captain J. S. Verco (Figure 5), an original medical officer of the No. 1 A.S.H., and documented by author J. E. Hughes;

"...Newland was always most helpful to the junior medical officers, being ready at any time to discuss their problems with them. When he gave advice about patients he followed up their problems with them and offered further help when necessary." 14

Newland's time with the No. 1 A.S.H. came to an end in early 1916, when he was promoted from major to lieutenant-colonel, and was charged in command of the 1<sup>st</sup> Australian Casualty Clearing Station (No. 1 ACCS). In late 1916, Newland was appointed to a surgical post at the 3<sup>rd</sup> Australian General Hospital, located in Brighton, England. The surgical operations he was largely involved in were generally concerned with the "sequelae of chronic infection especially in relation to fractures", and the results he produced were apparently "very gratifying". In 1917, in a report to the Director of Medical Services (D.M.S.), AIF, Newland elaborated on "the waste of dressings in casualty clearing stations". The details of this was likely gathered through his personal experiences serving in No. 1 ACCS. <sup>15 16 17 18</sup>

Newland additionally worked in Ypres, assumingly during the Battle of Passchendaele in 1917, where he performed military surgery, treating battle casualties by repairing facial wounds. Essentially, this was the beginning of what would become prolonged contributions to the field of plastic surgery. <sup>19</sup>

<sup>&</sup>lt;sup>11</sup> Summers, A

<sup>12</sup> Burfitt, J

<sup>13</sup> Hughes, J

<sup>14</sup> Ibid Hughes, J

<sup>15</sup> Healy, J

<sup>16</sup> Edmonds, E

<sup>&</sup>lt;sup>17</sup> Hughes, J

<sup>&</sup>lt;sup>18</sup> Butler, A

<sup>19</sup> Healy, J

Newland became commander of the Australian section of the Queen Mary Hospital, Sidcup, where internationally-recognised pioneer plastic surgery efforts were carried out (Figure 6), the field still being in its infancy at the time.<sup>20</sup>



Figure 6: A photograph depicting Henry Simpson Newland, with several of his Australian patients in various states of recovery at the Queen Mary Hospital, Sidcup.

In 1918, he wrote a section regarding facio-maxillary injuries in Volume III of the book *Official History of the Australian Army Medical Services*, enclosed in *Chapter* 

VI – Some Surgical Problems of Repair and Re-enablement (Figure 7). In this passage, he summarised the different treatments effective depending on the type of facial injury present – for example, skin grafting being remedied by "tubing the pedicle of a flap", a procedure originally designed by Major Gilles.

### III

WORK OF THE AUSTRALIAN FACIO-MAXILLARY SECTION OF THE QUEEN MARY HOSPITAL, SIDCUP, ENGLAND 1917-19

By Lieut.-Colonel Sir Henry Newland, C.B.E., D.S.O.; M.B., M.S., F.R.C.S., Eng., F.R.C.S., Edin. (Hon.), F.R.A.C.S., F.A.C.S.

Figure 7: The title and subheading introducing Henry Simpson Newland's excerpt in the Volume III of the book Official History of the Australian Army Medical Services.

During the same year, Newland "represented the Australian Army Corps on the Council of Consultants at the War Office, and alter at the Inter- Allied surgical conferences in Paris". Two years afterward, in 1920, Newland returned home safely.<sup>21</sup>

<sup>&</sup>lt;sup>20</sup> Hicks, N & Leopold, E

<sup>&</sup>lt;sup>21</sup> Newland, Sir Henry Simpson (1873 - 1969)

Newland, upon his return, was honoured for his First World War service. It was even to the extent that he was recognised by England, being appointed a Commander of the Order of the British Empire (CBE) in 1919, and receiving the Distinguished Service Order (DSO). He was knighted in 1928 for his medical skills, becoming Sir Henry Simpson Newland. He continued to be active in a number of medical organisations – for example, in 1927, he was the founder of the prestigious Royal Australasian College of Surgeons, and acted as its President from 1929 to 1935. In addition to his efforts in plastic surgery, he persisted practices in neurosurgery and thoracic surgery, until his retirement in 1951 at the age of seventy-eight. In 1953, Australia's longest serving war artist Ivor Hele, was awarded the Archibald Prize by painting a portrait of Newland (Figure 8).<sup>22</sup> <sup>23</sup>



Figure 8: Ivor Hele's Archibald Prize-winning portrait of Sir Henry Simpson Newland.

Still after Newland's death on 13 November 1969 (Figure 9), his influence remains substantial. The Henry Simpson Newland Prize, with his namesake, has been awarded by the Australian Medical Association since 1956. Moreover, he is commemorated, as he should be, to this day, by a plaque on the North Terrace Jubilee 150 Walkway, described by the inscription "Pioneer plastic surgeon" (Figure 10).<sup>24</sup>

#### OBITUARY

#### Sir HENRY SIMPSON NEWLAND

It is with great regret that we record the death of Sir Henry Simpson Newland, K.B., C.B.E., D.S.O., M.B., M.S., F.R.C.S., F.R.A.C.S., F.R.C.S. (Edin. Hon.), F.A.C.S. who died in Adelaide in November, 1969, eleven days before his 97th birthday.

Sir Henry Simpson Newland had been closely connected with the South Australian Branch of the Australian College of Speech Therapists and was made an Honorary Fellow of the College when the Commonwealth wide body was formed.

A brilliant surgeon, Sir Henry first became interested in the rehabilitation of the speech handicapped through his work at the Royal Adelaide Hospital and the Adelaide Children's Hospital.

Few men were accorded so many professional distinctions. "The Medical Journal" in 1964 listed 11 major degrees and honours, besides medals, prizes and other awards for professional achievements in addition to his knighthood, C.B.E. and D.S.O.

To Lady Newland and to his son and two daughters, the Australian College of Speech Therapists offer sincere sympathy.

### Sir KENNETH FRASER

It is with sorrow and regret that we record the sudden death in Brisbane of Sir Kenneth Fraser, C.B.E., E.D., M.B., Ch.M., F.R.A.C.S. He had for many years a very close association with Speech Therapy in Queensland, and was, in fact, instrumental in introducing the Speech Therapy course into the University of Queensland.

He devoted an abundance of energy to many aspects of public life, playing a very prominent part in professional and University activities in this State. Speech Therapy in Queensland has lost a loyal friend and benefactor.

We offer our sincere condolences to his family in their bereavement.

Figure 9: An obituary for Sir Henry Simpson Newland, published in 1969 in the Journal of the Australian College of Speech Therapists.



Figure 10: An image of Sir Henry Simpson Newland's plaque on the North Terrace Jubilee 150 Walkway.

Lest we forget.

<sup>&</sup>lt;sup>22</sup> Sir Henry Newland, CBE, DSO

<sup>&</sup>lt;sup>23</sup> Henry Simpson Newland

<sup>&</sup>lt;sup>24</sup> Ibid Henry Simpson Newland

# Part B (455 words)

My first encounter with the name 'Henry Simpson Newland' was purely coincidental – I was standing directly outside the Art Gallery of South Australia, when I looked down to a see a plaque embedded in the floor. As depicted in Figure 10, a photo I took myself, it was part of the North Terrace Jubilee 150 Walkway, which honours those who contributed profoundly to the state. Newland's name, as well as the brief description of 'pioneer plastic surgeon', was inscribed, and as a person with a great interest in the field of medicine, my interest was piqued. Furthermore, I noticed the period between Newland's birth and death was inclusive of World War I – thus, I wondered whether he had served in the war in any way. Intrigued, following a swift Internet search, I loaned and read the book *Henry Simpson Newland – A Biography* by J. Estcourt Hughes, which proved to be a very useful and indetail secondary source, being written by a person who was, at one point, Newland's house surgeon. Fascinated by Newland's life story, which is surprisingly not very well known, I immediately decided him as my person of topic for the ANZAC Spirit School Prize.

Throughout the process of putting my essay together, I used a variety of both primary and secondary sources. For example, I was able to, using the National Archives of Australia, find Newland's enlistment papers online, which included significant documents such as his Attestation Paper. I was particularly interested in that not only Sir Henry Simpson Newland was a famed South Australian figure — in fact, his father and grandfather both heavily influenced the state as well. I was able to find a primary source of the list of passenger names on the ship Newland's grandfather boarded to travel to South Australia, which included the name of Newland's father.

An exceedingly useful primary source were the records of Australian soldier and military historian A.G. Butler, including the book *Official History of the Australian Army Medical Services, 1914–1918*. Newland's name appeared multiple times, even contributing a written piece to Volume III. It contained information such as the medical work Newland completed, as well as specific types of patient injuries he treated.

My research into Henry Simpson Newland was enlightening, and though I explored his life as indepth as possible, I once again learnt the charm of history; that as a story is puzzled together, an increasing number of questions will emerge from these findings. For example, I found there was quite a lack of information regarding Newland's more personal life, such as his children, thus erasing chances of conducting an interview.

I hope, even after submitting this piece, to continue researching Henry Simpson Newland, and further investigate his fascinating life.

# Bibliography

## **Image Credits**

**Figure 1:** Sir Henry Simpson Newland kt., CBE, DSO, MS, FRCS. 1932, Photograph, State Library South Australia, viewed 8 April 2022, <a href="https://collections.slsa.sa.gov.au/resource/B+6071">https://collections.slsa.sa.gov.au/resource/B+6071</a>.

**Figure 2:** Cummings, D 2017, SIR CHARLES FORBES (originally Charles Forbes) 1839, State Library of South Australia, Archive, viewed 15 April 2022, <a href="https://bound-for-south-australia.collections.slsa.sa.gov.au/1839SirCharlesForbes.htm">https://bound-for-south-australia.collections.slsa.sa.gov.au/1839SirCharlesForbes.htm</a>.

**Figure 3:** Henry Simpson Newland Application for Commission 1914, Record, National Archives of Australia, viewed 3 May 2022,

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**Figure 4:** Henry Simpson Newland Attestation Paper 1914, Record, National Archives of Australia, viewed 5 May 2022,

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**Figure 5:** Butler, AG 1938, Volume I – Gallipoli, Palestine and New Guinea, 2nd edn, Appendices, p. 827, Australian War Memorial, Melbourne.

**Figure 6:** Henry Simpson Newland and Patients n.d., Photograph, Royal Australasian College of Surgeons, viewed 19 May 2022, <a href="https://cv.vic.gov.au/stories/a-diverse-state/in-the-face-of-uncertainty/henry-simpson-newland-and-patients/">https://cv.vic.gov.au/stories/a-diverse-state/in-the-face-of-uncertainty/henry-simpson-newland-and-patients/</a>.

**Figure 7:** Butler, AG 1943, Official History of the Australian Army Medical Services 1914-1918, Volume III – Special Problems and Services, Section I – Some Technical Problems, Chapter IV – Some Surgical Problems of Repair and Re-enablement, p. 328, Australian War Memorial, Sydney.

**Figure 8:** Hele, I 1953, Sir Henry Simpson Newland, CBE, DSO, MS, FRCS, Painting, Art Gallery of New South Wales, viewed 12 May 2022,

<a href="https://www.artgallery.nsw.gov.au/prizes/archibald/1953/16442/">https://www.artgallery.nsw.gov.au/prizes/archibald/1953/16442/</a>.

**Figure 9:** Henry Simpson Newland Obituary 1969, Journal of the Australian College of Speech Therapists, 1 December, Vol. 19, Issue 2, p. 52.

**Figure 10:** Choi, E 2022, Henry Simpson Newland North Terrace Jubilee 150 Walkway Plaque, Photograph, viewed 6 April 2022.

### Resources

### **Primary Sources**

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